

Each of the 4 longest across entries in last week's grid could be represented by a hand sign, as suggested by the title. The exposed fingers in each of the hand signs told you which letters to extract from the 5-letter entries that shared a row with each of those theme entries. For example, in the hand sign for I LOVE YOU, the thumb, index finger, and pinky are extended. Therefore, you needed to take the 1st, 2nd, and 5th letters from the entry on the same row, which yielded G E S. Following that all the way through gave you the word **GESTURES**, an apt 8-letter answer to our meta.